

MONTH

MEAL PLAN THEMES

MON	TUE	WED	THU	FRI	SAT	SUN
SALAD	TACOS	WINGS	BURGERS	PIZZA	LEFTOVERS	SEAFOOD
CHICKEN	TACOS	PASTA	PORK	PIZZA	LEFTOVERS	TAKE OUT
SALAD	TACOS	WINGS	BURGERS	PIZZA	LEFTOVERS	SEAFOOD
CHICKEN	TACOS	PASTA	PORK	PIZZA	LEFTOVERS	TAKE OUT
SALAD	TACOS	WINGS	BURGERS	PIZZA	LEFTOVERS	SEAFOOD